



Defender of the Faith  
**ST. JOHN FISHER**  
 CATHOLIC CHURCH



300 Balmoral Drive, Brampton, Ontario, L6T 1V6

**MARCH 15, 2026**

**4<sup>TH</sup> SUNDAY OF LENT**

**WELCOME TO NEW PARISHIONERS!** ST. JOHN FISHER IS A PARISH COMMUNITY THAT BELIEVES IN THE GOOD NEWS THAT JESUS CHRIST IS ALIVE AND IN OUR MIDST. WE INVITE YOU TO CONSIDER BEING PART OF OUR PARISH COMMUNITY. TO REGISTER, PLEASE CONTACT THE PARISH DURING OFFICE HOURS.

**Parish Staff**

**Pastor:** Rev. Liborio Amaral  
**Deacon:** Dcn. John Coletti  
 Secretary: Rose Jose  
 Custodian: Lourdes (Lulu) Pasion

**Office Hours:**

Mondays, Tuesdays, Thursdays & Fridays:  
 9:30 a.m. - 1 p.m. and 2 - 5:30 p.m.  
 Wednesdays:  
 12 - 4 p.m. and 5 - 8 p.m.

**Weekend Mass Schedule:**

Saturday: 5 p.m.  
 Sunday: 9 a.m. & 10:30 a.m. & 12 p.m.

**Daily Mass Schedule:**

Monday to Saturday: 9 a.m.

**Confessions:**

Saturday: 4 - 4:45 p.m.

**Eucharistic Adoration:**

Tuesday: 9:30 a.m. - 12 p.m.

**Baptism:**

Please call the parish office to inquire about baptisms.  
 Baptismal instruction required.

**Marriage:**

Archdiocesan policy requires making arrangements one year prior to the date of marriage. Preparatory course is required.

**RCIA (Rite of Christian Initiation of Adults):**

Those interested in joining our Catholic Faith are asked to reach out to the pastor via the Parish Office.

**Knights of Columbus Council 10402:**

Men 18+ / [knightsofcolumbus10402@gmail.com](mailto:knightsofcolumbus10402@gmail.com)

**Catholic Women's League:**

Women 16+ / [stjohnfishercwl2026@gmail.com](mailto:stjohnfishercwl2026@gmail.com)

**Society of St. Vincent de Paul:**

905-790-2479 / [stjohnfisherssyp@gmail.com](mailto:stjohnfisherssyp@gmail.com)



The Man Born Blind by Ronald Raab CSC

The Lord anointed my eyes:  
 I went, I washed, I saw  
 and I believed in God.

*John 9: 11, 38*

**Toronto Vocations Office**

**Fr. Matthew McCarthy**, Vocations Director,  
 416-968-0997 / [vocations@archtoronto.org](mailto:vocations@archtoronto.org) /  
[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**Our Parish Schools:**

St. John Fisher / 330 Balmoral Dr / 905-793-8900  
 St. John Henry Newman / 698 Balmoral Dr / 905-792-2268  
 Georges Vanier / 28 Finchgate Blvd / 905-792-2251

**Parish Telephone:** 905-793-6610 / Fax: 905-793-7721

**Parish Website:** [www.stjohnfisherbr.archtoronto.org](http://www.stjohnfisherbr.archtoronto.org)

**Parish Email:** [stjohnfisherbr@archtoronto.org](mailto:stjohnfisherbr@archtoronto.org)

**Parish Instagram:** StJohnFisherBrampton

## FOURTH SUNDAY OF LENT



### MASS INTENTIONS

<b>Monday, March 16<sup>th</sup> - 9 a.m.</b> – David Miles ☩
<b>Tuesday, March 17<sup>th</sup> - 9 a.m.</b> – David Nedd ☩
<b>Wednesday, March 18<sup>th</sup> - 9 a.m.</b> – Alice Andal Romano ☩ – Violet Menzes (SI) – Catherine Christo (SI) – Deceased Members of the Seebarsingh Family ☩ – All Toronto Diocesan Parish Councils CWL Members (SI)
<b>Thursday, March 19<sup>th</sup> - 9 a.m.</b> – Emily & Youssef Sawaya ☩
<b>Friday, March 20<sup>th</sup> - 9 a.m.</b> – Brian McCracken ☩
<b>Saturday, March 21<sup>st</sup> - 9 a.m.</b> – Alice Andal Romano ☩ – Corazon Dacuya (SI)



#### Offertory:



March 8<sup>th</sup>: \$ 6,515.55

We thank all of you who regularly give your weekly offering using envelopes. ***Please remember to write your name on the outside of the envelope every week, and especially if you are a new registrant to our parish or just new to using envelopes.***

We want to make sure that the envelope number matches the name so we can allocate the donation to the correct person.

Thank you for your cooperation!

**ATTENTION!** If you are using Envelope Boxes 399, 443, 593, 616, 620, 638, 658 please contact the office. We need your information (name, address, telephone, email) for our records.

**CATHOLIC CHARITIES AWARDS & SCHOLARSHIPS** application period is now open for a full array of Scholarships and nominations for Community Service Awards. Each scholarship will be granted in an amount of up to \$5,000 and is open to applicants living, studying or working within the Archdiocese of Toronto. Each Community Service Award will recognize achievement in the human services sector and meaningful service to a local community within the Archdiocese of Toronto, with a \$1,000 award.

For all details go to: <https://ccat.ca/scholarships-and-awards/>.  
Deadline for all scholarships and awards is April 30, 2026.

**YOU CAN HELP MEN ANSWER GOD’S CALL TO PRIESTHOOD BY SUPPORTING SHARELIFE:** God planted the seed of a priestly vocation in Rev Mr Moonjun Alphonse Choi’s heart as a child. He

**SL** later entered St Augustine’s Seminary, where God led him through moments of joy, deep reflection, and a faith that continues to grow. His path has been one of both grace and challenge, yet he has walked forward without fear—because of you. Your generous heart lifted the burden of financial worry, allowing him to embrace his calling fully and prepare for a life of service to the Church. God-willing, he will be ordained into priesthood this May. Because of your faithful generosity to ShareLife, many more young men will have the opportunity to answer God’s call.

*The first ShareLife Sunday collection is next weekend.*

**Our parish goal this year is \$49,000.** Please give at the parish using a ShareLife envelope, online through our parish website, or at [sharelife.org/donate](http://sharelife.org/donate).



### HAPPY MARCH BREAK TO ALL OUR STUDENTS!

We wish all our students a happy and restful **March Break**.



Don’t let this week pass by without finding time to have fun with other friends and family. It would be a shame to fill this week with TV, or computer games. On behalf of Deacon John, our parish staff and myself, I wish you all a blessed and safe **March Break**. – Fr Liborio

The Season of Lent



#### JOIN US ON FRIDAYS DURING LENT:

- ▶ Mass at 9 am
- ▶ Confessions available from 6-6:45 pm
- ▶ Mass at 7 pm
- ▶ Stations of the Cross at 7:30 pm

#### WALK THROUGH THE MASS Series:

Fr Liborio will be giving a series of sermons on the Gift of the Mass. These sermons will be given during the homily period on the following Weekend Masses:



- ◆ Feb 28/Mar 1 – General Introduction to the Mass  
*Available to view on our parish website*
- ◆ Mar 14/Mar 15 – Part One: Introductory Rites
- ◆ April 11/ Apr 12 – Part Two: Liturgy of the Word
- ◆ Apr 25/Apr 26 – Part Three: Liturgy of the Eucharist
- ◆ May 2/May 3 – Part Four: Concluding Rites



#### FOOD DRIVE - MARCH 21<sup>ST</sup> & 22<sup>ND</sup>

The Knights of Columbus Council 10402 will be holding a **Food Drive** in support of our St Vincent de Paul Society. We invite parishioners to bring in non-perishable food items on the weekend of March 21/22 and drop them off on the Altar (beside the Quiet Room). All donations support our local brothers and sisters in need!



#### EXTRA CONFESSION TIMES FOR LENT

- ◆ Wed March 25<sup>th</sup>: 10 am-12 pm and 6-8 pm
- ◆ Thurs March 26<sup>th</sup>: 10 am-12 pm and 6-8 pm



Lenten  
**Soup & Fellowship**



The **Knights of Columbus, St John Fisher Council** will be hosting a **COMMUNITY LENTEN SOUP** on Friday, March 27<sup>th</sup> at 8 pm (after the Stations of the Cross).

A modest vegetable soup will be served with buns, crackers, coffee, tea & water. Come out and gather with your community.

***Our Knights would love to see!***

**FLOWERS FOR EASTER:** We are inviting parishioners to help us decorate our church Sanctuary for Easter.



From **Sunday March 29<sup>th</sup> to Sat April 4<sup>th</sup>**, we invite you to bring your potted flowers of lilies, mums, hydrangeas, etc., to the church anytime. You can bring your flowers to the parish office or the sacristy. If you wish to donate these flowers on behalf of a loved one who has passed away, please include their name on a piece of paper and place it inside the potted plant donation. We thank you in advance for helping us make our sanctuary beautiful for Easter.



Dear Brothers and Sisters,

This weekend as we *Walk through the Mass*, we meditate on the first of the Four Parts of the Mass – the *Introductory Rites*.

**The Introductory Rites can be broken into the following parts:**

**THE ENTRANCE:** Although this is technically not part of the Sacred liturgy, it is however the way we move from the *ordinary* to the *sacred*. Before the entrance we are encouraged to come to church early enough so that we can personally prepare for this sacred act. If we come 5-10 minutes early we are able to calm ourselves from the busyness of our world and prepare to encounter God.

**BLESSING OURSELVES WITH HOLY WATER:** When we come into a church, we bless ourselves with Holy Water to remind us that we are Baptized and are part of God's family – that we form the Body of Christ which is His Church.

**OPENING HYMN:** The Liturgy begins with the Opening Hymn. It's important that we try to sing because *when we sing, we pray twice*.  
(St Augustine)

**THE SIGN OF THE CROSS:** We formally begin our Sacred Liturgy by making the sign of our Salvation – the Cross.

**GREETINGS:** Here we greet the Celebrant and are reminded that God is in our midst (i.e. "The Lord be with you. And with your Spirit").

**PENITENTIAL RITE:** As we prepare to encounter the Lord, we remember that we are sinners and in need of the Mercy of God. We bring to the Lord our venial sins that we have committed in the past week and ask that He may forgive us and prepare us to receive Him in the Eucharist. This is a form of absolution where our venial sins are forgiven.

**GLORIA:** This is an ancient hymn of praise and is used on all Sundays outside of Advent and Lent, on Solemnities and major feasts, and in solemn local celebrations. Here we raise our hearts to Glorify God for all he has given to us and continues to give us.

**OPENING PRAYER (COLLECT):** As we prepare to listen to the Word of the Lord, we bring our individual prayers to mind and the celebrant Collects all of these prayers into one prayer that he offers in our name.

**The Opening prayer concludes the Introductory Rites.**

And now here's a quick look at the various **POSTURES** we use at mass and what they signify. When we attend Mass there are a number of Postures that we use. Each physical posture speaks to an inner reality of our Spirit.

**STANDING:** Standing has been the proper posture for prayer since before the time of Christ. By standing, we carry on this tradition, and highlight the importance of our prayers. We also stand to show reverence and respect to Jesus, who is present in the person of the priest, and to whom we pray. This is the same reason why we stand in the presence of dignitaries and important people.

**SITTING:** This is our beginning position from which we can only ascend, to stand, or descend, to kneel. In Mass, we begin by sitting. We also sit when we are listening to the readings and the homily that accompanies it. When we sit, we are being active by focusing our attention to the act of *listening*.

**KNEELING:** Kneeling is, by its sheer physical appearance, the most reverent way we express our worship. By kneeling, we're completely surrendering ourselves to God and humbling our spirits before Him. It's incredibly profound. Following the priest or deacon's homily and the Profession of Faith, Catholics spend most of the rest of Mass on their knees, and there's a simple reason why: *Because Jesus is really coming*. We kneel because we know what's about to happen, and in a Mass where Catholics really know their stuff, the atmosphere can be palpable. *Jesus is on His way*.

**GENUFLECTING:** The practice of genuflecting before the Blessed Sacrament, whether enclosed in the tabernacle or exposed in a monstrance, is a beautiful sign of adoration. This physical act of genuflection symbolizes our heart bowing before the Lord who is substantially and really present in the Eucharist. A true genuflection is made by bending the right knee to the ground and it signifies adoration, and therefore it is reserved for the Most Blessed Sacrament (and for the Holy Cross in the solemn adoration at our Good Friday Liturgy).

**BOWING:** There are two types of bows that we use in our Catholic tradition – a *simple bow* and a *profound bow*. To bow is to give importance or reverence to some thing or someone. We use the *simple bow* at the Creed and when we are about to receive communion. The *profound bow* is used when we are passing in front of the Altar (the Altar represents Christ and it is here that the Sacred Sacrifice is offered), when we are unable to genuflect (because of health), and when we pass by the Blessed Sacrament. When we bow, we show with our action our reverence.

We should try to be **ACTIVE** Participants at the Mass – we are not going to the movies, or a sports game, where we are called to be passive participants. Rather, when we attend Mass, we are called to be active participants in the sacred event we see ourselves in. For us Catholics, Mass is a lot of things at once: it's a re-enactment of Christ's suffering and death, a celebration of community, and the chance to connect with the real presence of Christ's body and blood. Not only is your participation vital to making all of that happen, but it also will make your experience of the Mass much more exciting.

And let us not forget that there is a **PROPER ETIQUETTE** for attending Mass. We should come to mass wearing proper attire – our clothing should signify the sacredness of the event. We should keep our phones on silent, unless one is expecting a call from God. It has been our Catholic custom for men to remove all head wear (women can cover their heads). We should not chew gum or bring drinks or food to mass - remember that Mass is not a theater or dinner party, but a sacred act where God comes to meet us.

I hope these words provide you with a better understanding of what we do when we come to Mass.

**BLESSINGS, Fr. Liborio**

*"We must work the works of Him who sent me while it is day."*  
Are you being called to a life as an ordained or a consecrated person? If God is calling you to serve him as a priest, deacon, brother or sister, Contact Fr. Matthew McCarthy, Vocations Director, ArchToronto  
416-968-0997/ [vocations@archtoronto.org](mailto:vocations@archtoronto.org) /  
[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

**HIGH SCHOOL COME & SEE DAY RETREAT**

Saturday, March 28<sup>th</sup> – 9 am – 3 pm

The Office of Vocations (St Augustine's Seminary) is hosting a high school day retreat for high school men, in grades 11 & 12. This retreat is designed to help young men cultivate a deeper prayer life & relationship with the Lord. Seminarians will offer reflections on practical aspects of faith. This retreat will offer opportunities for communal prayer, Holy Mass, Eucharistic Adoration & socializing. Lunch will be provided.

Register online at: [www.vocationstoronto.ca/hscomesee](http://www.vocationstoronto.ca/hscomesee).  
For more info, contact: [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

Visit our website regularly to stay up to date.  
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**Sign Up to receive the Weekly Bulletin** and other special alerts emailed directly to your inbox.

<https://stjohnfisherbr.archtoronto.org/en/contact-us/sign-up/>

**The complete schedule for Holy Week is available on the parish website and Instagram account.**



- ▶ Palm Sunday Vigil: Sat March 28 @ 5 pm
- ▶ Palm Sunday: March 29 @ 9 am, 10:30 am & 12pm
- ▶ Holy Thursday: April 2 @ 7:30 pm
- ▶ Good Friday: April 3 @ 3 pm
- ▶ Easter Vigil: Sat April 4 @ 8 pm
- ▶ Easter Sunday: April 5 @ 9 am, 10:30 am & 12 pm

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